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## WEEKLY

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VOLUME 9 ISSUE 17 APRIL 28, 2005

Temple parking lots before trees since 1997.

### Outdoor Recreation

## Never Too Late

### Bikes for all, mapping it out, paddling Iowa and more

By Bob Woodward

#### Give a Bike

At the end of 2004 I used this column to share a wish list for what I'd like to see happen in Bend in 2005. One of those wishes was to see a local program that would fix up old bikes and get them into the hands of kids who need a bike for transportation, exercise or both.

There are many such programs across the United States. One in Texas gives thousands of bikes away every Christmas. A relatively new program in Portland gave away 1,000 bikes last Christmas.

I hadn't thought much about that wish until last week, when I got the following e-mail from *Bicycling Magazine* and *Mountain Bike Magazine* national advertising director, and Bend local, Michael Nyberg: "I still have your 'Hopes for the New Year' list taped to my desk. Do you remember it? Clint [that's *Bulletin* art director Clint Nye] and I have been talking about this for a year now. We would love to end up giving bikes to every kid in town that wants one but can't afford it."

Nyberg and Nye have set up a program through the Westside Church to raise funds to acquire and repair bikes to give away this coming Christmas season. This is a wonderful development, and my thanks go to both for showing the initiative to get it started.

If you'd like to help with a donation, make your check out to Adopt-a-Block Bikeons c/o Westside Church, 2051 Shevlin Park Rd., Bend, OR 97701.

#### Mapping With Lled

I met with Lled Smith of Lled Maps this past Saturday to get a preview of his new mountain bike trail maps that will be off the press May 1.

Of particular interest was the new Central Oregon-Part 2 map, which includes trails at Newberry Crater, China Hat, Horse Ridge and Smith Rock/Gray Butte, as well as those in the Sisters area. In all, the map shows 37 trails covering 237 miles.

### Breaking News



International News

Up-to-the Minute

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#### Jobs

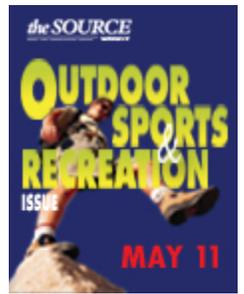
**Inclimb rock gym** now seeking reliable, friendly part-time employee. Some climbing experience needed. Apply anytime after noon on weekdays at Inclimb on Arizona St.

**Part positions available.** No experience necessary, but you must be outgoing, energetic, athletic, and willing to learn. Fun team, good pay, great company. Bring resume to Pearl Izumi, Bend Factory stores on Highway 97.

#### Wheels

**1976 Mercedes 240 D Diesel.** Great biodiesel or SVO car. In great shape. Orange. 230K. \$2000 OBO. 350-6739.

### Internet



Concerts at the Les Schwab Amphitheater

Central Oregon-Part 2 is extremely comprehensive, with detailed elevation gain and loss stats among other information. It's sized (4 by 6 inches, approximately) for easy pack or pocket storage and will be produced on waterproof paper.

Two other new waterproof maps from Lled are musts for hardcore riders. First is the Oakridge area map, which also includes Waldo Lake. This map really gives a feel for the incredible scope of the trail system around Oakridge.

Second, there's the new Diamond Lake, Hemlock Lake and Umpqua Trail map, which opens up miles of new and seldom-ridden trails to people.

### Mark Your Calendar

Although Bend is slowly becoming over-vented, there are some local and regional races, instructional courses and rides worthy of marking down on your calendar.

1) Weekly road bike time trials: Test yourself against the clock at 6, 9, 12, 14 and 16-mile distances every Wednesday night from now on until the fall. Rideons gather at Summit High and race one at a time, out-and-back on Skyliners Road. For more, contact Matt at 385-7413 or go to [www.centraloregonracing.com/information/bendtt.htm](http://www.centraloregonracing.com/information/bendtt.htm)

2) Chainbreaker Mountain Bike race: It'll be the 8<sup>th</sup> annual Chainbreaker on May 8, with more than 300 riders rolling up to the start line. For more go to <http://www.webcyclery.com/>.

3) Duel in the Desert: Now in its second year, this May 28 road and off-road cycling-with-running event will have, according to race director Chuck Brockman of Therapeutic Associates, "the same number of elite competitors as last year plus many more people out to test themselves in a challenging event."

The Duel road course consists of a 5-kilometer run followed by a 20-mile bike leg and then another 5-kilometer run. The off-road course has a 13-mile mountain bike ride sandwiched in between two 5-kilometer runs.

The event has individual, two-person and three-person team classes. For more, call Chuck Brockman, 815-9403.

4) Century Ride of the Centuries: This three-day (May 27-30) road cycling event is easily the most fun group ride of the year. The people of Pendleton make riders feel at home, the courses are scenic and varied, and staying at the Bar M Ranch on the second night of the ride is a real treat. For more go to <http://www.cyclependleton.com/>

As for the ride's name, it celebrates the Pendleton area's Century Farms, those that have remained in the same families for the past 100 years or more.

5) Advanced Swiftwater Rescue Course: Conducted by superb local canoeists Holonly and Steve Engquist, this is a course for those who have their eyes set on being canoe or kayak trip leaders and instructors. The three-day course (June 24-26) costs \$125 and will be held on either the Clackamas or Sandy River.

For more, contact [longboater@comcast.net](mailto:longboater@comcast.net).

### **Des Moines Whitewater**

Iowa doesn't come to mind when you think of whitewater, but things are moving along to have a whitewater course on the Des Moines River in downtown Des Moines.

The course concept comes out of the need to make passage around the river's numerous low-head hydro dams safer. Every year paddlers and floaters have died after being caught in the keepers at the base of some of the dams.

The Iowa Whitewater Coalition has succeeded in getting a whitewater course idea on Des Moines' master plan, along with a river walk that will parallel the course.

Des Moines today - Bend tomorrow? Let's hope so. And by the way, if you're interested in other in-stream whitewater parks, the Reno Riverfest at the Truckee River Whitewater Park in downtown Reno is scheduled for May 12-15. For more, go to <http://www.renorigiverfestival.com/>.

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